












Mon	Tue	Wed	Thu	Fri
<p>1% Milk served each meal</p> <p>Menu subject to change without notice.</p>	<p>KEY + Vitamin C Source * Vitamin A Source < > High Sodium Day WW = Whole Wheat ✔ = Vegetarian Day</p>	<p>1 Chicken Salad w/Raisins over Romaine, Tomato & Cucumber Lemony Mushroom & Orzo Soup WW Crackers, Fruit +</p>	<p>2 Ground Turkey Lasagna + Vegetable Medley Salad * WW Roll Fruit</p> 	<p>3 Baked Cod with Melted Leeks Sauce * Roasted Cauliflower + Brussel Sprouts + Brown Rice, Fruit</p>
<p>6 Veggie Burger on WW Bun with Lettuce, Tomato & Onion Chickpea Carrot Salad * Fruit +</p>	<p>7 Cod w/Lemon Yogurt Sauce SW Side Salad Peas and Carrots * Brown rice Fruit +</p> 	<p>NEW 8 Turkey Soft Tacos + with Shredded Lettuce, Diced Tomatoes & Onions Pinto Beans WW Tortilla, Fruit</p>	<p>9 Asian Chicken Salad + Ginger Sweet Potato Soup * WW Roll Fruit Dessert: Cookie</p>	<p>NEW 10 Veggie Chili over Baked Potato + Roasted Broccoli + Cornbread Fruit</p> 
<p>NEW 13 Turkey & Veggie Stir-fry Roasted Cauliflower + Brown Rice Fruit</p>	<p>NEW 14 Cabbage Roll Entrée Soup*+ Vegetable Medley Salad * WW Roll Fruit</p> 	<p>15 Cod w/Sun-dried Tomato Sauce Tossed Vegetable Salad * Green Beans Rice Pilaf, Fruit +</p>	<p>NEW 16 Veggie Burrito Bow l+ over Brown Rice Spinach Salad w/Carrots & Red Onion +* Fruit</p> 	<p>Holiday Meal 17 BBQ Chicken Quarter Potato Salad Sweet Corn Cornbread or Biscuit Fruit +, Dessert</p> 
<p>HOLIDAY 20 </p>	<p>21 Southwest Chicken Salad +* Hearty Vegetable Soup +* Tortilla Chips Fruit</p> 	<p>NEW < > 22 Carnitas Pulled Pork on WW Bun with Mexican Coleslaw + Pinto Beans Roasted Corn, Fruit</p>	<p>23 Tuna Sandwich on WW Bread with Lettuce, Tomato & Onion Baked Sweet Potato Tots * Fruit +</p>	<p>NEW 24 Lentil Vegetable Curry +* Roasted Broccoli + Brown Rice Fruit</p>
<p>27 Baked Cod w/ Lemon-Caper Sauce Tomato Florentine Soup * Green Beans Brown Rice Fruit +</p>	<p>28 Turkey Cranberry Sandwich on WW Bread with Lettuce, Tomato & Onion Broccoli Raisin Salad + Fruit</p> 	<p>29 Chef Entrée Salad * WW Roll Fruit +</p> 	<p>30 Teriyaki Chicken Ginger Sweet Potato Soup * Vegetable Blend +* Pineapple Vegetable Rice Fruit</p>	<p>June is Pride Month </p>