



SPECTRUM LUNCH REGISTRATION FORM 2019-2020

Meal Site: _____ Date of Registration: _____

Please **Print** Participant Information:

First Name: _____ Last Name: _____

Address: _____ City: _____ Zip: _____

Phone: (____) _____ -- _____ Email: _____

Emergency Contact:

Name: _____ Phone: _____

Birth Date (MM/DD/YYYY): ____ / ____ / ____

Eligibility for this program requires that you are 60 years or older*

*If you are younger than 60, you must pay the \$10.00 non-senior meal rate

Thank you for taking the time to complete the required information below. Please answer the questions on all 3 pages. This data is requested by our funding sources (who provide 58% of the meal cost). All answers are kept strictly confidential.

Are you the Head of Household? Yes No

Do You Live in a Rural Area? Yes No

Rural = Geographic place that has less than 2,500 persons and is not a suburb to a city or town

Do You Live Alone? Yes No

Are you a U.S. Veteran? Yes No

CONTINUED ON PAGE 2

Preferred language:

- English Chinese Spanish Indian Tagalog
- Vietnamese Cambodian Dari/Farsi Other _____

What is your gender? (Check only one)

- Male Transgender female to male Genderqueer/Gender Non-binary
- Female Transgender male to female Not listed/Please specify: _____
- Declined/not stated

What was your sex at birth? (Check only one)

- Male Female Declined/not stated

How do you describe your sexual orientation or sexual identity? (Check only one)

- Straight/heterosexual Bisexual Gay/Lesbian/Same sex Loving
- Not listed/please specify: _____ Declined/not stated

Ethnicity: Hispanic or Latino Not Hispanic or Latino Unknown

Race:

- Caucasian (W) American Indian/Alaska Native (AI) Asian Indian (AS)
- Japanese (JA) African American/Black Vietnamese (VI)
- Chinese (CH) Filipino (FI) Hawaiian (HA)
- Korean Other Pacific Islander (OP) Laotian (LA)
- Other Asian Guamanian (GU) Other Race (OR)
- Samoan (SA) Cambodian (CA) Decline to State (RM)

Please indicate your household gross monthly income

1 person	2 person	3 person	4 person
<input type="checkbox"/> \$0 - \$1,041	<input type="checkbox"/> \$0 - \$1,409	<input type="checkbox"/> \$0 - \$1,778	<input type="checkbox"/> \$0 - \$2,146
<input type="checkbox"/> \$1,042 - \$2,338	<input type="checkbox"/> \$1,410 - \$2,479	<input type="checkbox"/> \$1,779 - \$2,788	<input type="checkbox"/> \$2,147 - \$3,096
<input type="checkbox"/> \$2,339 - \$3,617	<input type="checkbox"/> \$2,480 - \$4,133	<input type="checkbox"/> \$2,789 - \$4,650	<input type="checkbox"/> \$3,097 - \$5,163
<input type="checkbox"/> \$3,618 - \$4,675	<input type="checkbox"/> \$4,134 - \$4,958	<input type="checkbox"/> \$4,651 - \$5,575	<input type="checkbox"/> \$5,164 - \$6,192
<input type="checkbox"/> \$4,676 - \$5,750	<input type="checkbox"/> \$4,959 - \$6,571	<input type="checkbox"/> \$5,576 - \$7,392	<input type="checkbox"/> \$6,193 - \$8,213
<input type="checkbox"/> \$5,751 +	<input type="checkbox"/> \$6,572 +	<input type="checkbox"/> \$7,393 +	<input type="checkbox"/> \$8,214 +

CONTINUED ON PAGE 3

NUTRITION SCREENING INITIATIVE

Read the statements below.

Please **CIRCLE THE NUMBER** in the “**YES**” column for those that apply.

	YES
I have an illness or condition that made me change the kind and/or amount of food I eat.	2
I eat fewer than 2 meals per day.	3
I eat fewer than 5 servings (1/2 cup each) of fruits or vegetables, or milk products each day.	2
I have 3 or more drinks of beer, liquor, or wine almost every day.	2
I have trouble biting, chewing, or swallowing and/or I have tooth or mouth problems that make it hard for me to eat.	2
I don't always have enough money to buy the food I need.	4
I eat alone most of the time.	1
I take 3 or more different prescribed or over-the-counter drugs a day.	1
Without wanting to, I have lost or gained 10 pounds in the last 6 months.	2
I am not always physically able to shop, cook and/or feed myself.	2
Score TOTAL	
Declined to State	

Signature: _____ Date: _____

**THANK YOU FOR
COMPLETING THIS FORM**